

Crockpot Turkey Breast

Ingredients

- A 3 pound turkey breast
- Broth: chicken, bone, or veggie
- 1 tsp minced garlic
- Thyme: 3 sprigs fresh OR 1 tsp dried
- 1/2 onion, sliced
- Juice from 1/2 a lemon

Instructions

1. Trim fat off turkey breast
2. Spray crockpot with cooking spray
3. Place turkey breast in crockpot
4. Cover bottom with at least an inch of broth
5. Add garlic, thyme, onion, and lemon juice
6. Cover and cook on low at least 4 hours, until internal temp reaches 165 degrees.

